



World's Greatest Chew
Alfalfa Chew

Chew or Brew Tea



HOLT  *Healthy and Tobacco Free*

www.worldsgreatestchew.com



Alfalfa (Medicago sativa)

Alfalfa has been used by the Chinese since the sixth century to treat kidney stones, and to relieve fluid retention and swelling. It is a perennial herb that grows throughout the world in a variety of climates. Alfalfa grows to about 3 feet and has blue flowers that bloom from July to September.

First discovered by the Arabs they dubbed this valuable plant the "father of all foods". They fed alfalfa to their horses claiming it make the animals swift and strong. The leaves of the alfalfa plant are rich in minerals and nutrients, including calcium, magnesium, potassium, and carotene (useful against both heart disease and cancer). leaf tablets are also rich in protein, vitamins E and K. Alfalfa extract is used by food makers as a source for chlorophyll and carotene.

The leaves of this remarkable legume contain eight essential amino acids. Alfalfa is a good laxative and a natural diuretic. It is useful in the treatment of urinary tract infections, and kidney, bladder and prostate disorders. Alkalizes and detoxifies the body, especially the liver. Promotes pituitary gland function and contains anti-fungus agent.

Hot Tea Recipe

1/2 teaspoon chew

1/2 teaspoon honey

Add boiling water and stir.....Delicious!!!!

KEEP CHEW FROZEN FOR FRESHNESS!!!!!!!!!!!!

Our Story

After 45 years of using chewing tobacco, Dave Holt began developing lesions on his gums. In spite of urging from his dentist to quit the habit, he continued to chew. Eventually, he noticed he was developing a lump under his jaw and assumed it was a bad tooth. The dentist inspected the tooth and said there was nothing wrong with it. He later learned that he had indeed developed cancer. Thankfully the cancer had only infected that lymph gland and had not spread to other areas of his body. After several treatments of chemo, Dave is now cancer free, healthy and has a passion to help others struggling with the chewing habit, to do the same. He has worked on developing tobacco-free snuff since his dentist originally urged him to quit, and became more aggressive in his quest to develop this product after his cancer diagnosis. Dave and his wife were both born in Montana, grew up on ranches and have lived in Whitehall, Montana for the past 35 years. Their family shares a love for team roping and their grown twin boys are professional team ropers. Holt is a family owned business and each member contributes to provide the best product. The family shares a passion for helping save the lives of those who struggle with a tobacco related habit.



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Holt

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